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Psychological and organizational conditions of professional activities of surgeons

Nowadays along with globalization social demands to personal and professional development of people are increasing a lot. One of the most important social directions of activity of a person is surgery. However, it is not enough to have knowledge and skills to be able to lead a successful operation. The surgeon's activity is connected with emotional and informational loadings, stressful situations in which a surgeon must instantly make important decisions. So, the studying of psychological-organizational conditions of professional activities of surgeons is socially important. Moreover, it is a scientific problem.

We believe that professional activity of surgeons is characterized by clear definition of professional demands to psychological activity and professional development of a person. It has the important influence on the development of coping strategy of a specialist. To our mind, surgeons must work on the development of personal qualities by self-education so that they become the real surgeons.

So, despite the publications in the field of coping with stressful situations, theoretical and practical results of investigation of influence of professional activity on personality of a surgeon, research of psychological-organizational conditions of professional activities of surgeons is important question that requires precise investigation. The aim of this article is to identify the features of psychological-organizational conditions of surgeons and do comparative analysis of these conditions among surgeons and interns of surgical department.

Achievement of the goal can be done with the help of tests and empirical methods of investigation. To test organizational stressors the scale by P.Spector,

S. Jex and Quantitative Workload Scale by P. Spector, S. Jex were used; to apply empirical method of investigation the criterion by Mann- Whitney and descriptive analysis were considered. Research was conducted at the Shupyk National medical academy of postgraduate education, at the central clinical hospital of Kiev and at the Institute of traumatology and orthopedics of National medical academy of Ukraine.

The results of empirical research helped to reveal such psychological-organizational stressors: activities of supervisor (12% of surgeon and 73 % of interns of surgical department), interruptions by other people (26% of surgeon and 56 % of interns of surgical department), lack of necessary information about what to do or how to do it (23% of surgeon and 78 % of interns of surgical department).

Features manifestations of stressors depend on the experience of a surgeon. By this we mean that surgeon with experience of surgical activities has emotional stability and action plan in the conditions of stressful situation unlike interns of surgical department. In the research, it was defined that intense influences of stressors on professional activities of surgeons depend on subjective perception of stressful situations by surgeons. In two groups of respondents, method of organizational stressors showed that professional activities of surgeons are stressful and require from a person lability of behavior emotional stability.

Key words: *Psychological-organizational conditions, subjective perception of situation, lability of behavioral of action, surgical activities.*