

Bilozerska Svitlana Ivanivna
PhD in Psychology, Associate Professor
Drohobych State Pedagogic University of Name I. Franko

Professional self-concept as a prerequisite for professional development of an individual

The professional self-concept reflects the unity of professional experience and professional communication, combining self-actualization and activity and creativity factors of a person. Besides, it contributes to a successful implementation of professional knowledge and skills, development of personal and professional qualities and characteristics that are key factors for a harmonious development of a specialist. The development of a professional, the rate and success of mastering the professional activities and integration into the professional community depend on the level of professional self-concept.

Being an activating principle, the self-concept is manifest in three roles and functions: as a means of guaranteeing internal cohesion; as the interpretation of experience; as a set of expectations. In scientific psychological literature different approaches to the structure of professional self-concept are reflected. In our opinion, it is appropriate in the structure of professional self-concept to highlight the following: the cognitive component, which is formed from individual perceptions of himself, his skills, abilities, social affiliation, self-identification with representatives of professional groups and professional activities; the emotionally evaluative component of self-concept that includes two substructures: 1) affection-evaluative and 2) a system of emotional value self-attitude (including the so-called global self-esteem, defining modality of a person's attitude toward itself). The behavioral component, by which we mean: 1) commitment to action; 2) real action; 3) behavior in general or 4) self-regulation of behavior.

Singling out these structural components allows an individual to actualize oneself in the profession or creatively express oneself, build one's own professional development strategy. The main psychological purpose of the self-

concept development is a shift from external factors to internal sources of self-actualization and self-realization in the profession.

Thus, professional self-concept is a specifically organized system, comprehended and updated in connection with the profession under the influence of subjective or objective factors, including a set of ideas about oneself and about one's professional qualities associated with their emotional evaluation. Formation level of the image of oneself as a professional helps to plan one's own self-development competencies, motives and values, style and efficiency of one's work career.

Key words: *formation, establishment, professional self-concept, self-image, professional development, socialization.*