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## Essential and Procedural Aspects of Program of Psychological Support of the Development of Young Person's National Self-Consciousness

The article outlines the objective, essence and methods of this form of educational work with students in the teaching process of higher educational institutions. Psychological essence, structure and characteristics of the development of young person's national self-consciousness have been given.

Psychological support is relevant and socially important means of the psychological activity. Within the framework of this research it was applied to optimize the processes of young person's national self-consciousness, national self-affirmation, national self-actualization and psychological self-regulation.

As far as young people are concerned, the success of psychological support of the development of their national self-consciousness during the teaching process in higher educational institutions is explained by the efficiency of interactions between lectures and supervisors of student groups.

Psychological support of the development of young person's national self-consciousness includes the following stages: psychological diagnostics, the identification of specific developmental components of national identity and its epicentre, young people's national self-consciousness; determining the strength and direction of interactions between the national autostereotype and the real and the ideal modalities of the person's national self-consciousness; justification of the methodology, choice and implementation of methods for psychological support.

The program of psychological support of development of young people's national self-consciousness may be applied by psychologists, lecturers and heads of higher education institutions in teaching process.

**Keywords:** national self-consciousness, psychological support, development, personality, youth.