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**Man – greatest joy or greatest misfortune, reality or deception? (existential-  
analytical understanding of psychological mechanisms of man by man  
traumatization).**

The mechanisms of man by man traumatization are observed from the point of view of contemporary existential analysis. Attention is paid to the uniqueness of a human being determined by his or her spiritual essence and the need of personal-existential Encounter. The courses of the overload and the blockades of experience which happens because of trauma are related to the paradox and the great complexity of the experience at the moment of traumatization.

A man turns out to be not ready to the perception of the reality which crashes down onto him. That leads to the loss of the existential context and the overload of psychodynamics. The consequences of trauma and the possibilities of psychotherapy connected with them are observed. The leading role in the rework of the consequences is given to the phenomenologically determined strength of the Person (the central structure of mental dimension) and to the Encounter with a specialist.

**Key words:** psychic trauma, existential analyses, therapy of psychic trauma, consequences of psychic trauma.