

Intensity of Anxiety Manifestations in Students' Speech Depending on Personal Characteristics

Turchak O. M.

Senior lecturer,
Department of English for Technical
and Agrobiological Specialties,
National University of Life and
Environmental Sciences of Ukraine, Kyiv

The paper is devoted to verbal manifestations of anxiety in students' speech. The aim of the article is to investigate empirically the correlations between intensity of abovementioned manifestations and students' personal characteristics.

In order to differentiate students by the level of speech anxiety Speech anxiety test was used. For the diagnosis of respondents' personal characteristics, the FPI-B test was used. In order to determine the level of respondents' personal anxiety Spielberger-Khanin test was used. The group of respondents consisted of 61 1st year students of science specialties, including 28 male and 33 female respondents.

The study showed that the intensity of anxiety verbal manifestations depends on five personal characteristics: trait anxiety ($r = 0,35$, at $p \leq 0,05$), modesty ($r = 0,42$, at $p \leq 0,05$), emotional liability ($r = 0,36$, at $p \leq 0,05$) (positive correlation); sociability ($r = -0,38$, at $p \leq 0,05$) and introversion ($r = -0,37$, at $p \leq 0,05$) (negative correlation).

It was found no correlation between the intensity of anxiety verbal manifestations and following students' personal characteristics: irritability, balance and openness.

Thus, our results allowed to state that emotionally unstable introverts, intended to stress response to various life situations, are more subjected to manifestations of anxiety in their speech than extroverts, who are always open for

communication with other people. The results could be used to create trainings to overcome verbal manifestations of anxiety.

Key words: anxiety, verbal manifestations, irritability, sociability, balance, modesty, openness, emotional liability, introversion, extroversion, trait anxiety.