

Directions Of Correction Of Negative Mental Conditions Of Students

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The article highlights the problem of psychocorrection of negative mental conditions that appear in student age. A student period is accompanied by the frequent emotional experiences that induce the appearance and development of spectrum of negative mental conditions in students. Existence and actualization of such states result in disorganization of educational activity, sometimes is followed by the rejection of its further completion, violation in the way cognitive processes occur, personality and professionally-personality deformations and health conditions decay. The efficient dealing with such states becomes acute in student period and requires further investigation with the consideration of the structural features of mental conditions. The scope of the article is to examine the basis of psychological correction with is aimed at students' negative mental condition.

Mental condition is a difficult, integrative and polystructural phenomenon of personality's psychological state, predefined by the peculiarities of cooperation of a subject in different situations of vital functioning, concerning psychical properties, senses, experience and by the system of attitudes toward reality and himself or herself. Psychocorrection of negative mental conditions must be systematic in nature, have integral and complex influence on the structural components of mental condition and psychological pre-conditions of their origin. As the combination of negative mental conditions is various and it appears in all spheres of student's functioning, the assignments of correction were the following: influence on psychophysiological, emotionally-volitional, cognitio-personal, motivational-semantic, behavioral and socialpsychological level.

The further step of the current research is verification of the directions and specially organized psychological measures offered in practice with the aim to prevent

further development of the negative states and hinder their destructive influence on the personality of students.

Keywords: mental condition, negative mental condition, psychocorrection, structural components of mental condition, personality sense, approach of the systems.