

Self-esteem and level of claims as personal constructs and determinants of professional self-identification in early adolescence

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The article reveals the problem of the formation of self-esteem and level of claims as psychological determinants of professional self-identity in early adolescence from the standpoint of modern theoretical and applied scientific research. Numerous characteristics of self-esteem and level of claims, their correlation and value for parameters such as their consistency (by indicators of stability, feasibility, sustainability and adequacy) and divergence (by indicators of altitude, dissatisfaction, asynchrony, location, etc.) are systematized. The structural, functional and individual model of relations between the development of self-esteem, level of claims and motivation to achieve at the stage of seniors professional identity formation. The consideration of data relations enables to conclude about the level of maturity of motivational target sphere of seniors, a criterion of which is stable and deep integration of the claims level with achievement motivation and self-esteem. The place and importance in the structure of professional self-determination of such personal constructs as self-esteem and level of claims are revealed. The research was based on selected stages of professional personal self-identity and the specific nature of the formation of self-esteem and level of claims in early adolescence, taking into account the psychological mechanism of coordination of human factors in career choices ("I want" and "I can") and the objective requirements of future professional work environment ("It is required"). The key components of personal readiness to professional self-determination during early adolescence: the availability of professional and life goals, finding himself as an individual, self-development in preparing themselves for successful work in the chosen profession, knowledge of their psychological features, abilities and aptitudes for future profession (self-knowledge), exercise adequate self-assessment of their capabilities, abilities and aptitudes (self-assessment), mental and professional self-preparation to future performance in the chosen profession.

Key words: self-esteem, level of claims, early adolescence, professional self-determination, professional formation.